



Dr. Adriana Popescu is an Access Consciousness® Certified Facilitator, Talk to the Entities™ Facilitator, Conscious Recovery Facilitator and licensed clinical psychologist, addiction specialist and empowerment coach. She is an expert in numerous Energy Psychology approaches, tools and modalities.

Dr. Popescu offers classes around the world as well as private sessions, consulting, media appearances and speaking engagements.

### **Access Consciousness Classes**

**Access Bars®** – This dynamic 8 hour class, the first class in Access Consciousness, teaches you the bars and other Access tools and certifies you as a Bars Practitioner.

**The Foundation** – A four-day immersion in Access Consciousness tools, keys to freedom, body processes and clearings. This class truly opens the door to a life of infinite possibilities.

**Creating Change with the Tools of Access Consciousness** - What if you could change anything? The tools of Access Consciousness are some of the most dynamic on the planet. In this taster class you will learn how to change what isn't working in your life.

**A Taste of Access/Access 101 Exploring the Tools of Access Consciousness** – An introductory 2-3 hour class invites you to the basic tools of Access in a Q & A format, which may be focused on a specific topic, such as money, relationships, body/health issues, and more, or on a specific Access tool, e.g., the Bars. Past classes have included: *What is Your Body Trying to Tell you? What Have You Dared Not Ask For? What Would It Be Like if Things Were Easy? Is Happiness Really Just a Choice or is that B.S.? Who are You Sticking to that is Sticking You? Is that Voice in your Head Really Yours? Increasing Your Awareness of Entities*, and more.

**5 Keys to Having Ease With Money** – Imagine a life of ease, joy and glory with money. Dr. Popescu's specialty class is designed to free you from your financial and monetary limitations with total ease.

### **Access Consciousness Special Topics and Events**

4 Tools to Get Your Happy On

A Taste of Out of the Box – with Certified Facilitator

Access Bars Free Clinic

Access Bars Gifting & Receiving  
Access Bars in the Park  
Access Body Gifting & Receiving  
Access Book Discussion  
Access Consciousness Meet & Greet with a Certified Facilitator  
Access Consciousness at Expos  
Access Consciousness Meet Up  
Clarity Night  
CREATE! More Time, More Money, More Joy  
Divorceless Relationships  
Experience Access Bars  
How Different Are You Willing to Be?  
How Much More Are You Willing to Receive?  
How to Become Money Workbook  
Intro to Access Bars  
Sex is Not a 4 Letter Word but Relationship Often Times Is  
Stepping Into Being You  
Introduction to Being  
Access Book Club & Facilitation  
Energy Pulls The Series  
Salon Des Femmes Book Club  
The Gentlemen's Club Book Club  
The Ten Keys to Total Freedom  
Distractor Implants Book Club  
Introduction to Being

### **Talk to the Entities™ Classes**

**Talk to the Entities Introduction** – this class is a two-hour free form introduction to the tools of Talk to the Entities. It is open to anyone and has no prerequisites.

**Talk to the Entities Beginning** – a two-day (10 hour) exploration of the tools of Talk to the Entities that invites participants to have clarity and ease with clearing and communicating with spirits.

**Talk to the Entities Specialty Introductions** – These classes are deep explorations of unique and interesting topics. These classes are between 2 and 4 hours in duration. Topics include:

- \* Clearing Houses From A-Z
- \* Communicating With Entities
- \* Creation with Entities
- \* Entities of the Earth
- \* Mental Disorders and Entities
- \* Money and Entities

- \* Children and Entities
- \* Walk-Ins
- \* Birth and Death/Coming and Going with Ease
- \* Entities and Relationships
- \* Entities and Addiction

**Talk to the Entities Playground** - Dr. Adriana's year long exploration of the tools of Talk to the Entities which includes a monthly call, facebook group, exercises, tools, homeplay and other extras.

### **Energy Psychology and Holistic Healing Classes**

Dr. Popescu also offers classes in the following modalities and techniques: Energy Psychology, Emotional Freedom Techniques (EFT), Be Set Free Fast (BSFF), and more.

**Exploring the Tools of Energy Psychology** – an introduction to the powerful tools of energy psychology that can help you address the energy creating any number of issues from stress, depression, anxiety, chronic pain, relationship challenges, etc.

**Psychological Reversal – What Energies Are You Using to Sabotage You?** Psychological reversal is a subconscious condition of self-sabotage—that is, of making choices that bring you misery instead of well-being and the happiness you think you want. Adriana will use the tools of Energy Psychology or Access Consciousness® to assist you in breaking free from the energies that create the psychological reversal, change the points of view which lead you to self-sabotage, and open to you being energetically congruent with all that you are asking for in life.

### **Classes using Access Consciousness & Energy Psychology Tools & Techniques**

Any of the following classes can be facilitated exclusively with Access Consciousness tools or with a variety of Energy Psychology tools and techniques.

**Money and Shame** – The shame that people feel about themselves often limits what's possible with money. This class is designed to help identify and clear those limiting beliefs to allow money to flow freely and change financial realities.

**The Other Side of Anxiety** – An introductory class using Access Consciousness and Talk to the Entities tools to address stress and anxiety in a truly empowering way that creates lasting change.

**Overcoming Social Anxiety** - Do you have difficulty in social situations? Are you ever uncomfortable with people you don't know? This workshop invites you to more ease joy and fun in social situations.

**Is Money Taxing or Relaxing For You?** – This introductory class invites you to have ease and peace with money, finance and taxes.

**Freeing Yourself from the Influence of Churches, Cults & Religions** – Are beliefs and judgments from religions creating a limitation in what you can create and be? This unique specialty class clears the path to more freedom and possibilities.

**What Do You Do When Your Light and Heavy Are Not Working?** – Light and heavy is one of the powerful tools of Access Consciousness and it is often misapplied and confused. What is in the way of you having your awareness and knowing what is light and true for you?

**Breaking the Addiction to Trauma and Drama** – What if you could let go of your soap opera life and embrace the peace and ease of a life of total possibility?

**Who or What Is Driving You Crazy?** – This class allows you to get free from those people and energies that are driving you crazy.

**Saying No with Ease** – If you have difficulty choosing what works for you, for honoring what is true for you and receiving what you desire than this class can truly empower you to make different choices and have a different possibility.

**Getting Unstuck from the People who are Sticking You** – So often people choose the same relationship that doesn't work over and over, individuals who push their buttons or continue to have friends or partners where it just isn't easy or fun. What creates this? How do you get free and create people in your life who truly have your back?

## **Conscious Recovery**

**Conscious Recovery Clinical Training** - In this four day event, TJ Woodward and Dr. Adriana Popescu offers clinical training in the powerful treatment modality, The Conscious Recovery Method™. This provides clinicians working in the behavioral health and addiction field with powerful and life-changing tools and approaches to assist their clients in breaking free of life-long destructive patterns.

Dr. Popescu also offers individual coaching, and consultation/training to treatment programs and treatment professionals in how to use the Conscious Recovery curriculum.

## **Translation**

Dr. Adriana offers translation for classes and events with sufficient notice. There are many products in her shop which are translated into Romanian, French, German and Spanish.

## **Books**

Dr. Popescu has co-authored a number of books and book chapters. Introductory classes, lectures and/or book club discussions are available on these books/topics:

*Conscious Recovery Workbook*  
*Conscious Recovery: A Fresh Perspective on Addiction*  
*Conscious Being Workbook: Awakening to Your True Nature*  
*The Energy of Magic*

## **Public Speaking/Media**

Dr. Popescu has been a subject matter expert on addiction and trauma, empowerment, transformation, personal growth and psychology on numerous television, radio and media programs. She is available for media appearances, interviews, lectures or public speaking engagements.

## **Private Sessions**

Dr. Popescu offers private sessions to clients around the world.

Psychotherapy (California only)  
Coaching/30-Day Program  
Verbal Processing & Energy Clearing  
Energy Psychology  
Entity Communication & Clearing  
Entity Space and Land Clearing  
Access Bars  
Abuse Hold  
Access Body Processes  
Access Advanced Body Processes  
Access Facelift  
ESSE (Energetic Synthesis of Structural Embodiment) sessions  
Symphony Sessions

## **Contact Information**

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ACCESS  
CONSCIOUSNESS®  
*Empowering people to know that they know®*



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ALL OF LIFE COMES TO ME WITH EASE, JOY AND GLORY®